

# Build a Bike for Transportation

*Adults can build a bicycle for free at the CAT Bicycle Cooperative by volunteering 5 hours to help repair bicycles for others.*



After clients volunteer, they choose their own bicycle from those that are available to refurbish. This bike-build generally takes 4-5 hours for a total client investment of about 10 hours.

This program is FREE to clients.

## Hours for Volunteering or Bike-Build

- Tuesdays: 12-4pm
- Thursdays: 12-4pm
- Fridays 11am-3pm
- Saturdays: 11am-3pm

## Hours for Bike2Work Basics (Thursday mornings)

- 9am-10am (classroom)
- 10am-11am (on-bike)

## Included with your bicycle:

- Bike lock
- Bike lights (head & taillight)
- Helmet
- Bike2Work Basics Training
  - 1 hour classroom
  - 1 hour on-bike

**To get started, contact CAT or stop by for a visit anytime!**



**CAT-Coalition for Appropriate Transportation**  
33 W Walnut St Suite 100, Bethlehem, Pennsylvania 18018  
(610)954-5744 [cat@lvcat.org](mailto:cat@lvcat.org)

CAT is located in the Walnut Street Garage next to the Downtown Bethlehem LANTA Bus stops.