

CAT Bike Helmet Policy – Adopted 9/8/2021

Helmets are required on all CAT bike rides, classes, and on-bike events; for youth ages 11 and under (per PA Vehicle Code Title 75, § 3510) as well as for adults, to reduce the risk of head injury.

Individuals with financial hardship in need of a bike helmet may visit CAT anytime to obtain a properly fitted helmet at no charge. Others are recommended to support local Lehigh Valley bike shops.

Thank you,

Scott Slingerland, CAT Director
Jennifer Swann, Board President