



**Classes held monthly in
downtown Bethlehem**

**To sign up, visit:
www.CyclingSavvy.org
www.LVCAT.org**



CyclingSavvy

EMPOWERMENT FOR UNLIMITED TRAVEL



CyclingSavvy offers bicycle riders on any level, the tools to build their confidence and foster cooperation with other drivers on the road. CyclingSavvy goes a step further with a communication skill set to minimize motorist frustration, creating positive interactions for drivers of bicycles and motor vehicles. Great for personal and professional development!

CyclingSavvy is a Three-Part Class

1-Truth & Techniques of Traffic Cycling - Through guided discussion with video and animation, this session familiarizes students with bicycle-specific laws, traffic dynamics and problem-solving strategies. Students discover that bicycle drivers are equal road users, with the right and ability to control their space. (3 hours - classroom)

2-Train Your Bike - This session is conducted in a parking lot. It consists of a set of progressive drills designed to increase students' control and comfort handling their bikes in various situations. (3 hours - parking lot)

3-Tour of Bethlehem -This session is an experiential tour on city streets. The students travel as a group, stopping to survey and discuss each exercise location. After observing the feature, discussing the traffic dynamics and the best strategy for safe and easy passage, the students ride through individually and regroup at a nearby location. (3 hours - streets of Bethlehem)

Upcoming Dates:

June 8-9, Friday evening, 6-9pm, and Saturday, 9am-4pm

June 11-12-13, Three weekday (M-T-W) mornings, 9am-12pm

July 16-17-18, Three weekday (M-T-W) mornings, 9am-12pm

July 27-28, Friday evening, 6-9pm, and Saturday, 9am-4pm

Investment is \$95 for all three parts (in-person)

More info:

**www.LVCAT.org
www.cyclingsavvy.org
www.abea.bike
610-954-5744
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