

# Coalition for Appropriate Transportation



CAT NEWS!  
May 2016

Bicycling,  
Walking, Trails  
and Transit  
in the Lehigh  
Valley

**JOIN/RENEW  
DONATE TODAY**

## The Streets are Hot and Biking is a Breeze!

So much bicycling this time of year. Children are cycling in their neighborhoods and after school down to the river for a swim. People are bicycling in the early mornings, while the day is calm and the air is soft. People are bicycling to work, mapping out routes that can be enjoyable and manageable in terms of hills and their traffic comfort... and CAT is here to offer a bridge that traffic is a system that can work... with practice... when everyone gets along; cyclists are savvy and confident, and motorists are aware and give cyclists space when passing.

*We hope you will consider our weekly women's bike ride, Basic Bike Maintenance on June 16th, Traffic Skills 101 at CAT on June 25th.*

...and if you're in Allentown this Saturday, May 28th, CAT will be joining Community Bike Works, City Center and Centro restaurant for the Queen City Bicycle Awareness Ride (Registration 2pm, Ride 3pm) and fundraiser/concert with Trouble City All Stars (5pm). Centro will donate 10% of profits toward bicycle education in the Lehigh Valley. [More about the event on Facebook.](#)



## CAT Calendar

**Riding with Friends** comfortable, friendly pace bike ride, May 31, 6pm, Easton Center Square  
**Weekly Women's Bike Ride**, June 1, 6pm, Sand Island, Bethlehem  
**CAT at the Velodrome**, June 3, 6pm  
**Basic Bike Maintenance Class**, June 16th, 5pm-9pm  
**Full Moon Bike Ride to Easton**, June 18th, 6pm, Sand Island/Ice House  
**Bicycle Traffic Skills Class at CAT**, June 25th, 8am-4pm  
**CAT Leadership Meeting**, June 27, 7pm  
**Cycling Savvy** classes for ages 14 to adult (Dates TBD coming soon)



## Bike Smart Easton Calendar

**Calypso Bike Day**, June 4, 9:00pm – 12:00pm (west Bethlehem)  
**Emmanuel Bethlehem Bike Day**, June 11, 10:00 am – 1:00 pm (Center St and Union Blvd, Bethlehem)  
**Easton Summer Nights** at Easton Area Community Center, Wednesdays 4-6pm, June 22-August 10

## Bicycle Traffic Skills 101

On Saturday, June 25th (8am-4pm), CAT will host Traffic Skills 101 class for anyone looking to learn, practice and deepen their knowledge of where bicycles belong on the road... from a perspective of what's legal, and what are the best practices for cyclists.

Gain understanding, practice & confidence riding on the streets. **This class is a must for all cyclists age 14 to adult!!**

This is a League of American Bicyclists sanctioned course taught by

certified instructors. Cost is \$100 for the 8-hour course. Email [scott@lvcat.org](mailto:scott@lvcat.org) or call 610-954-5744 to sign up.



## Traffic Skills 101

### Bicycle Mechanics Classes at CAT

#### Basic Bike Maintenance Class:

Thursday, June 16, 5-9pm

Learn how to clean, lubricate and tune your bike to be more self-sufficient and save \$\$.

Includes brake & shifter adjustments that everyone wants to learn! [Further description of mechanics classes here.](#)

Cost is \$100 for the 4-hour class. Email [scott@lvcat.org](mailto:scott@lvcat.org) or call 610-954-5744 to sign up.



### Bike-to-Work Report

May 16-20th was National Bike-to-Work Week.

On Friday, May 20th, CAT people (Jennifer Swann and Scott Slingerland) joined the Lehigh Valley Planning Commission staff on a 6.2 mile commute from west Allentown to their offices near Lehigh Valley Airport. (photo at top)

On May 13th, at the Stone House Group, LLC in south Bethlehem, Anne Felker, CAT instructor and board member, facilitated a discussion on bike commuting and traffic riding skills. On May 20th, five staff members of the Stone House Group biked to work.



If you have recently biked to work, CAT would like to hear your story.

### CAT Thought

A new article by CAT Director, Scott Slingerland:

#### [How Bicyclists and Pedestrians Use Secondary and Arterial Roads to](#)

#### [Traverse Highways \(with video\)](#)

..

If you would like to write an article for the CAT website or have an idea for one, please email [cat@lvcat.org](mailto:cat@lvcat.org).

### Trail Spotlight - Karl Stirner Arts Trail

From its western end at 13th Street, the KSAT flows between the Bushkill Creek and Route 22

### Community Calendar

LEPOCO Bike/Walk/Peace-a-thon,  
May 28, 8:30am, Sand Island

**Queen City Bicycle Awareness Ride** and fundraiser for bicycling education at Centro restaurant, May 28, 2pm registration, 3pm ride, 5pm fundraiser/music

**Critical Mass Bike Ride**, June 26, Fourth Sunday of every month at 4:30pm (West Park, Allentown) Fun ride with respect for traffic.

**LVPC Planning & Pizza**, June 27, 12noon- Sidewalk Inventory & State Pedestrian & Bicycle Initiatives, LVPC Office

### CAT Leadership

#### Board Members

Roy Young, Board President  
Anne Connors, Treasurer  
John Schubert, Secretary  
Jennifer Swann  
Brian Sherry  
Charles Lyman  
Ed Kay  
Anne Felker  
Noah Zitzer

Jason Schiffer, CAT Attorney

#### Staff

Scott Slingerland, Director  
Frank Pavlick, Shop Manager  
Heather Manning, Office Manager

#### Support

Wendy Reidy, Webmaster  
Wayne Strader, CPA, Accounting

### Contact CAT

Coalition for Appropriate Transportation (CAT)  
1935 West Broad Street  
Bethlehem, PA 18018

(610) 954-5744  
[cat@lvcat.org](mailto:cat@lvcat.org)

[www.lvcat.org](http://www.lvcat.org)

towards downtown Easton. The paved path runs approximately 1.5 miles in seclusion of forest, with a bonus - art sculptures along the way. This is an enjoyable trail that was created in 2010 to honor Easton's late great metal worker of whom the trail is named after.



More info at:

[http://karlstirner.com/Karl\\_Stirner\\_Arts\\_Trail/](http://karlstirner.com/Karl_Stirner_Arts_Trail/)

<http://www.lvcat.org/lvcat/our-mission/love-a-trail/>



[CAT needs your support. Please donate today if you are able!](#)

In Honor of Steve Schmitt (1952-2015)