



Rolling into spring!

Around the Lehigh Valley, there is great progress being made supporting cycling and walking. The rail trail network is growing as seen along the Delaware & Lehigh canal, Saucon Rail Trail, Karl Stirner Arts Trail and other multi-use trails. Cyclists are realizing the benefits of going with the flow of traffic... and stopping at stop signs!

There is indeed work to be done to support pedestrian safety. CAT is supporting local initatives for high visibility crosswalks, signage, traffic calming measures, and driver attention.

CAT promotes finding ways for people to shorten their commutes, for people to live near where they work for health & practicality, and in the near-term, to choose our regional LANta Bus service. Buses are shown to be the most environmentally conscious motorized choice (over cars with <4 passengers, trains and planes).

More on our website, WWW.LVCAT.ORG.

CAT Open House, March 26, 9am-3pm

CAT hopes you will join us this Saturday at the CAT office and bicycle cooperative, 1935 W. Broad St, Bethlehem.

9am-3pm Bring your bike for a checkup,

food, explore the shop

1pm CAT Annual Meeting and Board

Elections

2pm lce cream bike ride (ages 12-

adult)

We will have a number of great bicycles available for adoption for a suggested donation.

Bicycle Mechanics Classes at CAT

Basic Maintenance Class:

March 24 or April 7, 5-9pm

Learn how to tune up your bike! Taught by Scott Slingerland.

This Thursday's (3/24) class has one spot left.

Advanced Mechanic Class

April 2nd-3rd, 2016, 8am-5pm both days (16 hours of instruction and practice). Taught by Frank Pavlick.

View content for basic and advanced classes here

CAT NEWS! March 2016

Bicycling, Walking, Trails and Transit in the Lehigh Valley





CAT Calendar

Basic Bike Maintenance Class, March 24, 5:00pm-9:00pm

CAT Open House and Annual Meeting, March 26, 9:00am-3:00pm Annual Meeting and Elections at 1pm Advanced Mechanics Class, April 2-3, 8:00am-5:00pm

CAT Leadership Meeting, April 4, 7pm **Basic Bike Maintenance Class**, April 7, 5:00pm-9:00pm

Traffic Skills 101 and Cycling Savvy classes for ages 14 to adult (Dates TBD coming soon)



Bike Smart Easton Calendar

Staff Planning Meeting, March 23,

2016 at 7:00pm - 8:30pm (Location:

Easton

Paxinosa Bike Day, April 9, 2016 at

10:00 am - 1:00 pm

(West Ward Easton)

Palmer/Tracy Bike Day, April 23, 2016 at

10:00 am - 1:00 pm

(Fairview Park, Palmer Twp)

Bethlehem SkatePlaza Community

Day Bike Event, April 30, 2016 at 11:00

am - 4:00 pm

(Bethlehem Skate Plaza, Southside)

Call 610-954-5744 or email cat@lvcat.org for more info or to signup.



Bicycle Education in the Lehigh Valley



CAT reminds all cyclists, young and old, Pre-K or Pro, to practice these simple steps to have the best ride possible.

- 1. Go with the FLOW Ride with traffic
- 2. STOP at stop signs and red lights
- 3. Don't ride on the sidewalk unless you're under 10 years old
- 4. Lights at Night!

Traffic Calming - Psychology meets the street

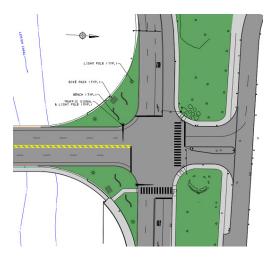
On May 4th, from 8am-3pm, the Lehigh Valley Planning Commission will offer a course on "Traffic Calming" as part of it's Local Transportation Critical Mass Bike Ride, March 27, Assistance Program (LTAP). This course, intended for municipal planners, public works and anyone interested in how to create roadways that are welcoming to pedestrians and cyclists and speak to drivers, "slow down 4:30pm (West Park, Allentown) Fun and relax". Some traffic calming elements that may be utilized:

- Curb extensions that shorten pedestrian crossing distance and visually narrow the aspect ratio helps drivers slow down
- Roundabouts slow traffic yet reduce stop and go movements
- Speed humps and speed tables smoother than speed bumps
- Raised medians (with plantings for maximum effectiveness)
- Speed limit signs with radar display
- Regular speed enforcement
- Repainting crosswalks with pedestrian signage

More info in PennDOT's Traffic Calming Handbook (Pub 383)

Fahy Bridge - What will it offer when the work is done?

The Fahy Bridge redesign project is one example of a city project with design elements intended create a more comfortable experience for walkers and cyclists.



Willow Lane Bike Day, May 4, 2016 at 3:00 pm - 5:00 pm

(Macungie)

March Elementary Bike Day, May 7 at 10:00 am - 1:00 pm

(College Hill Easton)

Cheston Bike Day, May 14 at 10:00 am mq 00:1 -

(Southside Easton)

Forks/Shawnee Bike Day, May 21 at

9:00 am - 12:00 pm

(Shawnee Middle School, Forks Twp)

West Ward Community Day, May 21 at 2:00 pm - 4:00 pm

(Vanderveer Park, 12th & Spring Garden,

Calypso Bike Day & Carnival, June 3 at 5:00 pm - 7:00 pm

(West Bethlehem)

Emmanuel Bethlehem Bike Day, June 11 at 10:00 am - 1:00 pm

(Center St and Union Blvd, Bethlehem)

Community Calendar

Fourth Sunday of every month at ride with respect for traffic.

CAT Leadership

Watch for new Board and Advisory Committee members at the March 24th Open House & Annual Meeting

Board Members

Roy Young, Board President Anne Connors, Treasurer John Schubert, Secretary Jennifer Swann **Brian Sherry** Charles Lyman Ed Kay Anne Felker, Attorney

Scott Slingerland, Director Frank Pavlick, Shop Mananger Heather Manning, Office Manager Wendy Reidy, Webmaster

Contact CAT

Coalition for Appropriate Transportation (CAT) 1935 West Broad Street Bethlehem, PA 18018

(610) 954-5744 CAT@Ivcat.org

- 1. A restored 6' pedestrian walkway along the east side of the bridge and restored 5' shoulders in both directions.
- 2. At the north end of the bridge, "slip" ramps are being removed to give the bridge less of a highway feel, reducing the urge for drivers to accelerate onto and off of the bridge.
- 3. The new aprons created at the north end of the bridge will offer pedestrian areas. (shown in green on image)
- 4. At the south end of the bridge, removal of the pedestrian tunnel, providing direct access to 3rd Street from the walkway.

CAT needs your support. Please donate today if you are able!

In Honor of Steve Schmitt (1952-2015)